

The Lehigh Valley Chapter of NATS presents

YogaVoice™



Facilitated by Mark Moliterno

Bass-Baritone Mark Moliterno has performed a variety of operatic roles throughout the United States, Canada, Great Britain and the Far East with the San Francisco Opera, Arizona Opera, Central City Opera, New York City Opera National Company, Santa Fe Opera, Tacoma Opera, and the Los Angeles Music Theatre Company. He is also a frequent soloist on the concert and recital stages and has appeared with symphony orchestras nationwide.

For over a decade, Mark Moliterno has developed a reputation of excellence as a teacher of singing. He is currently an Adjunct Associate Professor of Voice at Westminster Choir College of Rider University in Princeton, NJ and is also a member of the adjunct music faculty at The College of New Jersey. He has held faculty positions at the University of North Carolina at Greensboro, the Oberlin Conservatory of Music, Bowling Green State University, and Indiana University.

Mark Moliterno is a certified Yoga instructor. He is the originator of YogaVoice, a program of Classical Yoga principles and practices designed to encourage authenticity in the arts. With James Jordan and Nova Thomas, he is co-author of The Musician's Breath and is the featured instructor on the Musician's Breath DVD, an instructional Yoga practice designed to develop breath accessibility and awareness. He has published articles on Yoga and creativity in the Journal of Singing and YogaLiving magazine. Mark offers his unique YogaVoice™ seminars nationally, and is a member of the teaching staff at the YogaLife Institute in Devon, Pa.

YogaVoice™ is an exploration of the eight-fold path of Classical Yoga and the application of these principles to the lives and work of both professional and amateur singers. This workshop will begin with a brief discussion of Yogic principles related to physical balance and creativity in singing. Participants will then explore foundational Yoga postures and breathing techniques. Yoga principles will then be applied directly to singing in a Master Class setting. Recommended for anyone interested in the body/mind connection and how it relates to the performing arts (singers, conductors, pianists, pedagogues).

Participants should wear loose, comfortable clothing and bring a yoga mat.

November 12, 2011 * 10am-noon
Prosser Auditorium * Moravian College * Bethlehem

Admission is Free